

Introduction

The New Zealand Police want to keep young New Zealand children safe on the roads. To help with this they have included two publications in this book:

Helping Hands Helping to keep children safe on the roads a guide for parents and caregivers

This provides parents and caregivers with practical things they can teach their child to keep them safe on the road. There are fifteen topics they can select from to help meet the needs of their child. The book should be kept in a safe place so that it can be referred to over the child's growing years.

The Road Safe Activity Book Helping to keep you safe on the roads fun activities for young people

This provides fun road safety activities which children will enjoy doing, but which will also give them helpful information about keeping safe on the road. There are fifteen topics. Each topic has a question for children to answer. The answers can be found on the corresponding section in *Helping Hands*.

The Activity Book builds on learning that takes place at school through the Police **Road Safe** Series programmes.

For more information please go to **schools.police.govt.nz** or contact the School Community Officer at your nearest Police Station.



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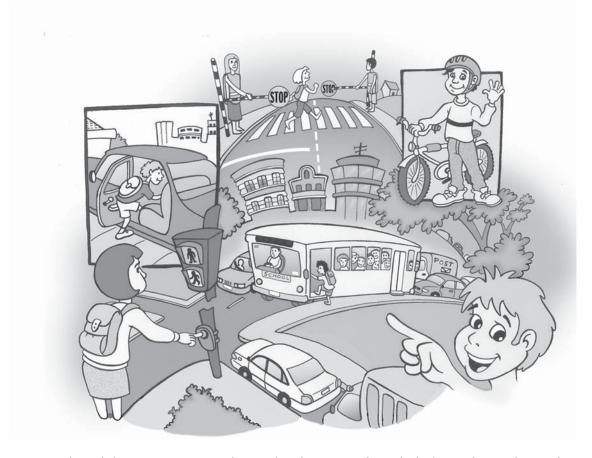






Why do I Need Road Safety Skills?

Look at the drawing below. Circle all the places where a child is on, or near, the road.



Here is a list of things young people need to know, or do to help keep themselves safe on or near the road. Put a \checkmark beside those things children in the picture need to know or do. Put a \Rightarrow beside those things that you need to be able to do.

Get out of the car on the footpath side

Use traffic lights

Use a school patrol

Walk on the house side of the footpath

Fit their cycle helmet correctly

Be able to give correct hand signals when cycling

Sit quietly in a car

Use kerb drill

Watch out for sneaky driveways

Sit quietly on a bus and not leave your bag in the aisle

Always use a child restraint or wear a safety belt in a vehicle

The Road Safe
Activity Book Quiz



Question No 1:

At what age should a parent or caregiver start road safety education with their child?

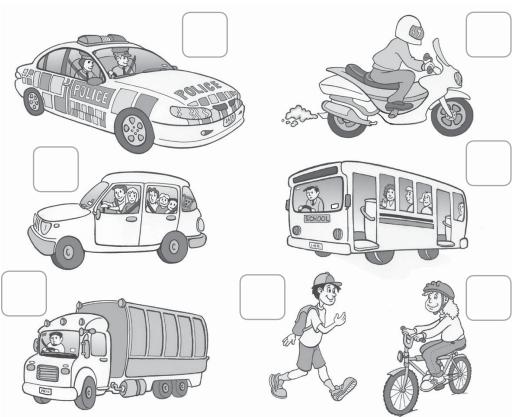
What is Traffic?

Below are some different types of traffic.

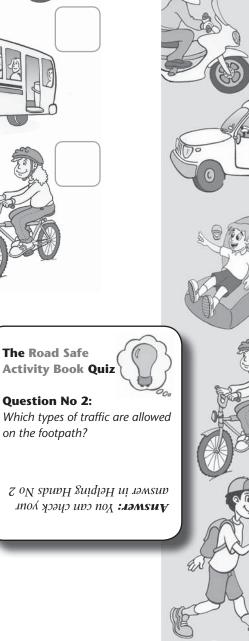
Put a \bigstar beside the biggest vehicle.

Put a + beside the vehicle you think is the heaviest.

Put a beside the vehicle you think could carry the most people.



Draw some other types of traffic here.



Passenger Safety

List some games that you could play in the car to stop you getting bored. Remember that they need to be quiet games. The first one has been done for you.

1	Car Cricket
2	
3	
4	
5	
6	

Car Cricket How to Play

One person is the first batter and scores one run for every car that passes going in the opposite direction. Tractors are worth **six runs** and Trucks are worth **four runs**. The batter is **OUT** when a red car passes. The next batter then starts. The winner of the game is the first person to score 100 runs. Keep a running total of each person's runs as it may take several innings to reach 100.

On the back cover you will find a game called **Traffic I Spy.** Take this with you next time you go on a trip in the car. Cross off each item as you see it.

Fill in the gaps using the words listed underneath the song.

Make it Click!

Kids you must	every time you're	in the,
and it makes no	if you're going _	or
If you're in the	seat or if you're in	n the,
Click goes your	before	you hit the
goes your sea	t, Click	Click
When you take a	you've got to	up quick,
Tell all your	and your th	nat's the
goes your		J
Click!		

It Click!

click, car, ride, family, seat, remember, belt, back, click, far, click, friends, belt, click, difference, trick, make, seat, near, belt, front, belt, track, click

Draw in a fastened safety belt for the child in the booster seat.



The Road Safe Activity Book Quiz



Question No 3:

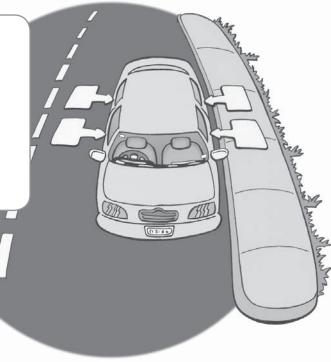
Who is responsible for making sure a child under 15 is wearing a safety belt?

Safety around Vehicles

Look at the picture below. Imagine that you are sitting in the back seat. Put a tick \checkmark in the box nearest to the door that is safest for you to get out. This is called the safety door.

In this box write why you would get out that door.

Draw a sticker that could be put on the safety door, to remind children that this is the safest door to get in and out of.



Word Find

Can you find the hidden words listed below?

door, footpath, passenger, exit, driver, kerb, car, bus, street, safety

The Road Safe Activity Book Quiz
Question No 4:
You are sitting in the back seat of
the car. Which is the safest door
to get out of and why?
·
+ 0v1 cumit 811141311 111 13wcm

Yusmer: You can check your

Z	r	р	r	q	e	i	d
t	i	x	e	f	С	0	b
у	ı	Z	g	d	О	m	t
t	х	t	n	r	u	0	e
е	f	S	е	i	g	р	е
f	r	u	s	V	m	q	r
a	g	b	S	е	р	n	t
S	е	С	a	r	С	h	S
h	t	a	р	t	О	0	f
	t y t e f a	t i y I t x e f f r a g s e	t i x y I z t x t e f s f r u a g b s e c	t i x e y l z g t x t n e f s e f r u s a g b s s e c a	t i x e f y l z g d t x t n r e f s e i f r u s v a g b s e s e c a r	t i x e f c y l z g d o t x t n r u e f s e i g f r u s v m a g b s e p s e c a r c	t i x e f c o y l z g d o m t x t n r u o e f s e i g p f r u s v m q a g b s e p n s e c a r c h











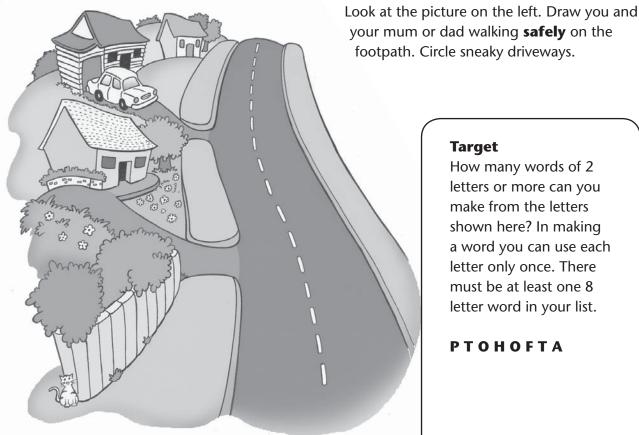




Walking on the Footpath

Finish this sentence by unscrambling the words in brackets.

I should always wa	alk on the	(uoesh)		(desi)
of the footpath, be	ecause it is furth	ner away from		(fctairf)
If I am with an	(utdal), they should	walk on the	e side of
the	_ (ttopaofh)	closest to the _	(0	dra). I
need to watch out	for sneaky		_ (ywedai:	svr), as
(h	ecvlesi) could	come in or out	•	



your mum or dad walking safely on the footpath. Circle sneaky driveways.

Target

How many words of 2 letters or more can you make from the letters shown here? In making a word you can use each letter only once. There must be at least one 8 letter word in your list.

PTOHOFTA

The Road Safe Activity Book Quiz

Question No 5:

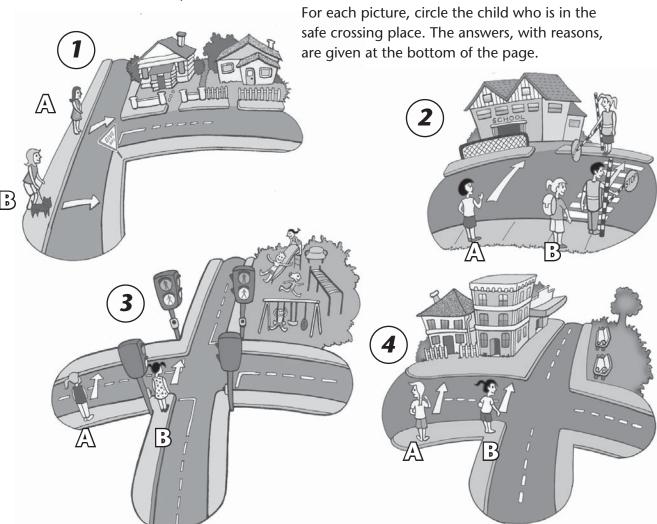
Where do you walk if there is no footpath?

δ οΝ shnnH gniqləH ni rəwenn **үигмек:** доп сии сувск лоп.

How well did you do? 10 is good 15 or more is very good 20 or more is excellent

Choosing a Safe Place to Cross the Road

In each of the pictures there are two children; one is marked **A** and the other is marked **B**. In each situation **one** of the children has stopped in a safe place to cross the road. The other has forgotten about road safety and has stopped in an unsafe place to cross.



Always choose a safe place to cross the road, such as a pedestrian crossing or a school patrol.

Answer - sentence

4: A is crossing safely well away from the intersection.

3: B is crossing safely by using the traffic lights.

1: B is crossing safely by walking straight across the road. **2: B** is crossing safely using the pedestrian crossing.

Answers - diagrams

The Road Safe
Activity Book Quiz



Question No 6:

You have to use the pedestrian crossing if you are within what distance of the crossing?











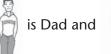




Kerb Drill

Read the following picture story. You need to replace the pictures with words.







Kerb

The line of concrete or stone along the edge of the footpath

Kerb Drill





ed to the



to buy some





the that I had saved from cleaning the



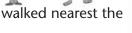


to walk on the



side of the footpath. Of course











We found a



where we could a a



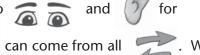
clearly. We



ed up to the

kerb and took a small step back. We remembered to





waited for a big







and then we a ed and ed again. When the





was clear we ____ ed straight across. We did not















Write and draw your own picture story on your own paper about using kerb drill to get to the park. Get mum or dad to read it.

The Road Safe Activity Book Quiz



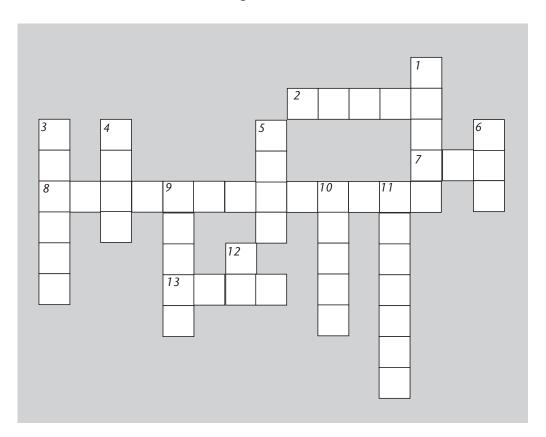
Question No 7:

What are the five steps for Kerb Drill?

√ oV shnh &niql∍H ni 19wenn Yuzmer: You can check your

Crossing at the Traffic Lights

This crossword is all about traffic lights.



Clues

Across

- **2** Resin used in jewellery
- **7** Glasses help you to ---
- **8** Controls intersections electronically
- **13** Do not proceed

Down

- **1** Opposite of tick
- **3** Fastens clothes
- **4** Ears do this.
- **5** Crawl, ----, then run
- **6** Primary colour
- **9** Made by lightning
- **10** Made by mixing blue and yellow
- 11 Vehicles and pedestrians
- **12** Opposite of 13 across

Answers to crossword
Across 1 amber 7 see
8 traffic lights 13 stop
Down 1 cross 3 button
4 hear 5 walk 6 red 9 flash
10 green 11 traffic 12 go

The Road Safe Activity Book Quiz



Question No 8:

What should you do if you are already crossing the road when the red person signal, or the Don't Walk signal starts flashing?













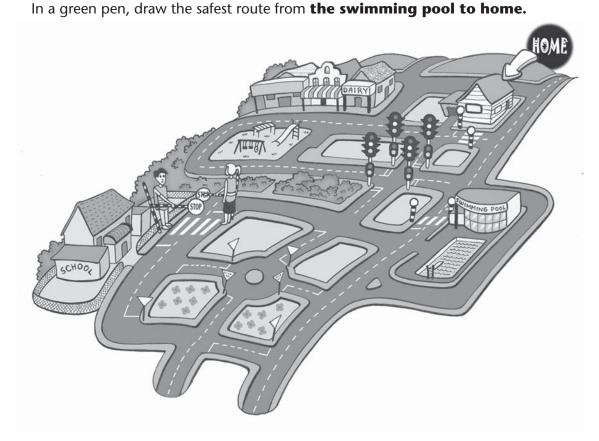


Choosing Safe Routes

Look at the map below.

In a red pen, draw the safest route from **home to school**.

In a blue pen, draw the safest route from **school to the swimming pool**.



How many roads did you have to cross to get to school?

How many driveways did you have to cross to get to the swimming pool from school?

How many traffic lights were there between the swimming pool and home?

See how many words you can make out of:

Choosing Safe Routes

The Road Safe Activity Book Quiz

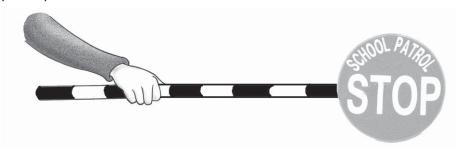


Question No 9:

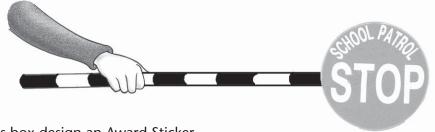
What would you do if the footpath on your safe route to school was blocked by a big truck?

Using the School Patrol

Use the words in the pedestrian crossing to help you complete the school patrol poem.



Use a _____ each day To help you _____ on your way. oslcoh rpalto ysaelf ___ closely and you will ____ nlites rahe The words that ____ to get you there. pehl go out and ____ stops ginss ftaricf Because _____ see the lollipops. vidrers "_____", the School Patrollers call srcos wno It's ___ to ____ for one and all. fesa srocs _ ___, but be brisk too, kawl scaros Because ____ has to ___ for you. cfrtiaf tawi



In this box design an Award Sticker for a school patrol member.



The Road Safe
Activity Book Quiz

Question No 10:

What do the school patrollers say

What do the school patrollers say to let pedestrians know it is safe to cross?





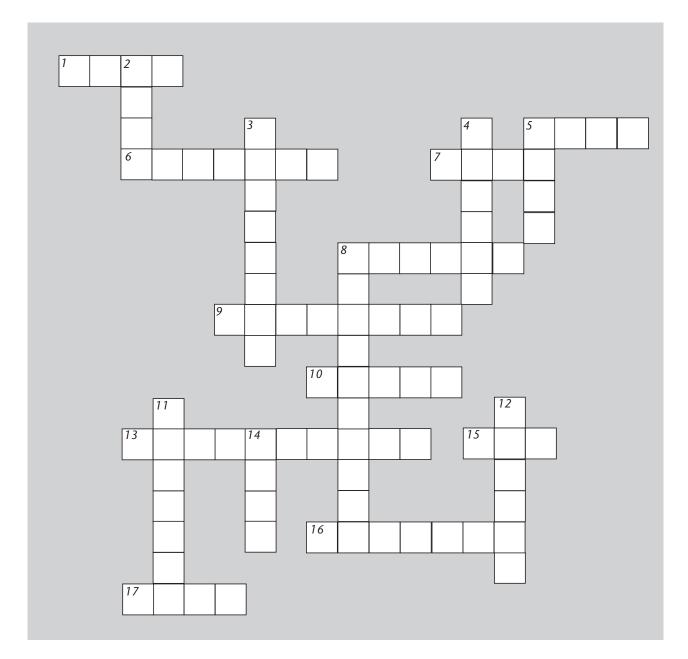












This crossword is all about school patrols.

Across

- 1 A raised edge of the road
- **5** Deaf people do this
- 6 Precious jewel
- **7** What a waiter does
- **8** A group of fish
- **9** A good place to walk
- **10** Angry
- **13** A type of traffic
- 15 At this time
- **16** Everything that uses the roadway
- **17** A group of rugby players

Down

- 2 What the chicken crossed
- **3** A sweet treat
- 4 Police officers do this
- 5 Opposite of go
- 8 One who watches over you
- 11 Someone might be driving this
- **12** People who help to keep order
- **14** You could lock your money in this

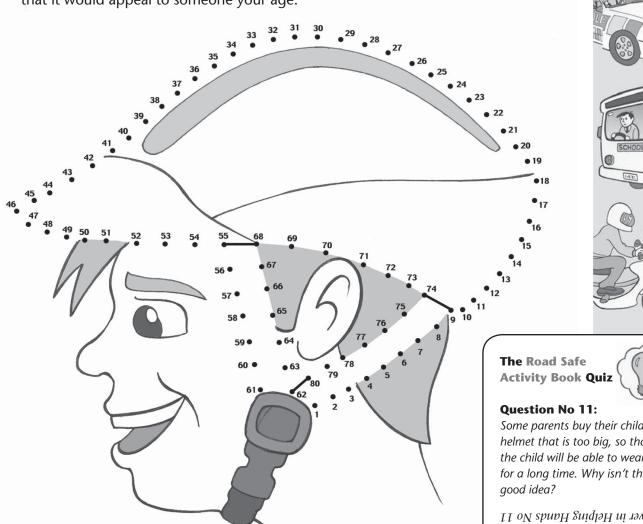
Answers to crossword

Across 1 kerb 5 sign 6 diamond 7 wait 8 school 9 footpath 10 cross 13 pedestrian 15 now 16 traffic 17 team

Down 2 road 3 lollipop 4 patrol 5 stop 8 supervisor 11 vehicle 12 police 14 safe

Choosing a Cycle Helmet

Join the dots below to make a cycle helmet. Put a design and colour on the helmet, so that it would appeal to someone your age.



True or False

Read each statement. Decide whether the statement is **True (T)** or **False (F)** and put **T** or **F** in the circle beside it. The right answers are at the bottom of the page.

- 1 Wearing a cycle helmet is compulsory by law.
- 2 A cycle helmet is safe even if the straps aren't done up.
- 3 Cycle helmets never wear out.
- 4 You should be able to move your cycle helmet about on your head.



False - cycle helmets can be damaged if they are dropped, or by wear and tear.

False - the straps must be done up so that the helmet is secure.

True - in NZ cyclists must wear an approved cycle helmet.

True and False answers









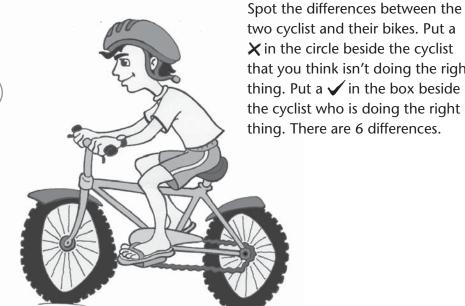


Some parents buy their child a helmet that is too big, so that the child will be able to wear it for a long time. Why isn't this a

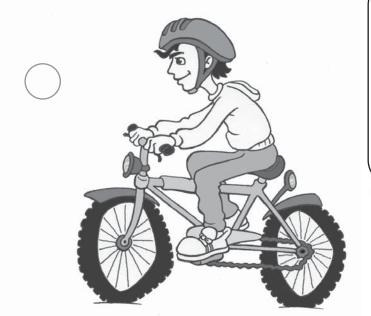
I I oN shnaH gniqlaH ni rawena Yuzmer: You can check your



A Safe Cycle



two cyclist and their bikes. Put a **✗** in the circle beside the cyclist that you think isn't doing the right thing. Put a
in the box beside the cyclist who is doing the right thing. There are 6 differences.



The Road Safe Activity Book Quiz

Question No 12:

What sort of brakes does a bike made after 1 January 1988 have to have by law?

21 oV shnaH gniqləH ni rəwenn **чигмен:** Доп сап среск уош

Finish this sentence by unscrambling the words in brackets.

You should always give your bike a(syeatf) check before going for a
(deri), for example checking the(lio) on the(nihac) and the
(ria) in the(rtsey). Keep your bike in a(ryd),
(fesa) place at home. Always(clko) your bike when you leave it
(dnnetdutae)(jdastu) your bike as you get
(roled) - that is the(tsae) and(bednsarhal).

Cycling Safely

Use the code in the top box to help you work out the safe cycling message in the second box.

10				E					Н
9	W							K	
8			U						
7						0		T	
6	В				D				
5				N		Α			
4	S								
3			R			ı			
2								Y	
1				S					L
	a	b	С	d	e	f	g	h	i

a9	f7	<i>c</i> 3	h9		f7	d5		h2	f7	с8	<i>c</i> 3			
а6	f3	h9	d10		d1	h9	f3	i1	i1	a4				
h7	i10	d10		а6	d10	d1	h7		<i>c</i> 3	f3	е6	d10	<i>c</i> 3	d1
f5	<i>c</i> 3	d10		d1	h9	f3	i1	i1	d10	е6				
с3	f3	е6	d10	<i>c</i> 3	d1									

Give the poem a title and draw a picture to go beside it.

Biking can be great fun For you, for me, for everyone.

There are some things you need to know Before you will be safe to go.

Wear a helmet and protect your head Or you might end up in a hospital bed.

But wait, are those straps done up right? Not too loose and not too tight?

Nearly there, and ready to go Look down, see if you spy a toe.

If that's the case then don't despair All you need are shoes to wear. Now that everything is done You can go out and enjoy the fun. **The Road Safe Activity Book Quiz**

Question No 13:

Police say that children under what age must be accompanied by an adult if they bike on the road?

EI oV shnnH















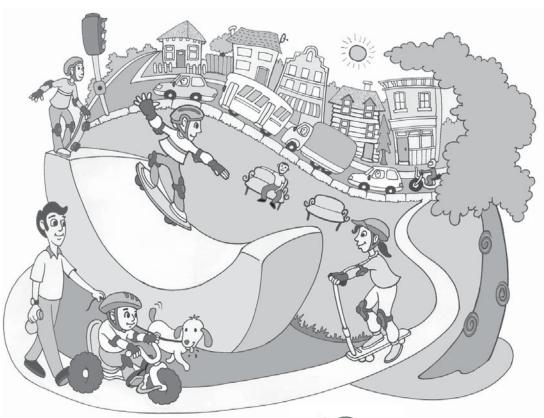
Toys with Wheels

Decode the road safety message below by changing each letter to the one that comes before it in the alphabet.

Qmbz tpnfxifsf tbgf, mjlf uif tlbufqbsl. Tubz xfmm bxbz gspn usbggjd.

Bmxbzt xfbs b ifmnfu, loff boe fmcpx qbet, xsjtu hvbset boe dmptfe jo tipft.

Uif npsf zpv qsbdujtf, uif cfuufs zpv xjmm hfu.



Sk8rs - **Cn u rd ths msg?**D u thnk ur rdy 2 sk8? Wht gr wl u nd 2 b saf? should be:

Pt thz lbls on thz dgrms:



Lbo pds Wrst bnds Cvrd

Ne pds





The Road Safe
Activity Book Quiz



What protective gear and clothing is recommended when using wheeled toys? (Give six items)

Safety on Country Roads

True or False

Read each statement and decide whether you think that it is **True (T)** or **False (F)** and put **T** or **F** in the circle beside it. The correct answers are at the bottom of the page.



- 1. The best place to put your bag when you are on the bus is beside you on the seat.
- 2. It is safe to cross the road once the bus has started to move away.
- 3. You should wear brightly coloured clothing while walking near the road.
- 4. You should wait until the bus has stopped completely before approaching.
 - True If the bus is still moving it is not safe to approach.
 - directions before crossing using the kerb drill. **True** Wearing bright clothing while walking helps drivers to see you.
- overhead rack.

 False Wait until the bus has driven off and you can see that the road is clear in both
 - Answers

 I False You should put your bag well out of the way either under your seat or in the







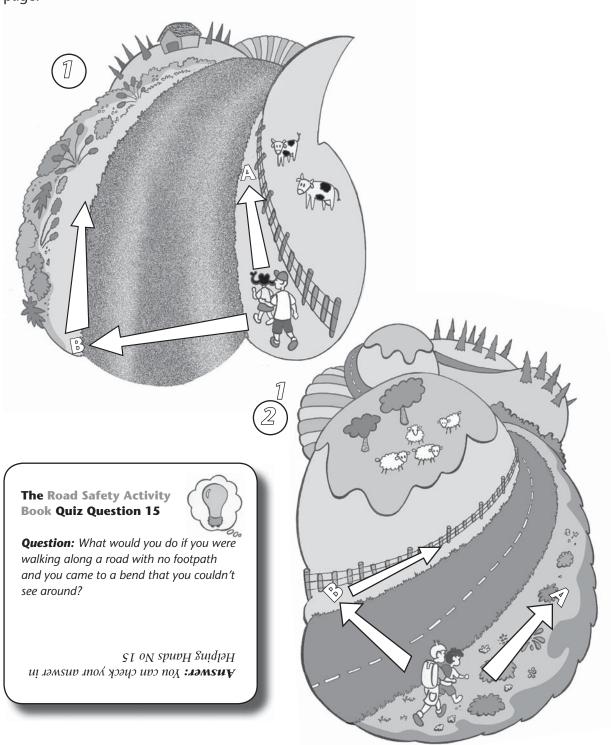








In each of the pictures there are two routes the children can take before they head around the corner. One is marked **A** and the other is marked **B**. For each picture circle the route that you think is safest. The answers with reasons are at the bottom of the page.



traffic as it approaches.

approaching from either direction. **2.** The correct answer is \mathbf{A} . The children are already on the outside of the bend where they will be able to see

1. The correct answer is **B.** The children should cross the road well before the corner as they can't see the road and will be able to see traffic

Traffic I Spy - from page 4

Cross off each item as you see it on your trip (more on the back cover).



Traffic I Spy - from page 4.

Cross off each item as you see it on your trip (more on the inside back cover).

