



junior DETECTIVE

RAHUI

Operation: Activities



D G O B Q S B Y N Y
 E I P R U Y O G A L
 R H S C E B H T E I
 A J P T W H B V L M
 C V J L A H S L C A
 P L E H O N W J E F
 J W P M R A C O A E
 E X E W L E S E T G
 O Y G K K I N D J M
 O L B Z Y D R K D H

Word find

Solve this rāhui word find by finding the following words:

HELP
 HERO
 HOME
 KIND

WALK
 BUBBLE
 CARE

CLEAN
 DISTANCE
 FAMILY

Pass the picture

Find a willing bubble buddy to do this activity with. Both of you should have a piece of paper and something to draw with e.g. crayons. Start to draw your picture for 30 seconds. Stop and then swap with your partner. Finish off their drawing and see what each other's pictures end up like. Did your picture end up how you thought it would? What about your partners? With practise you and your partner might be able draw very well together!

Value of the week: Integrity

Integrity is about being honest and holding yourself to a high standard. How do you show integrity when you are at school?



Constable bear says:

Keep in touch with loved
 ones outside of your bubble.
 give them a call!



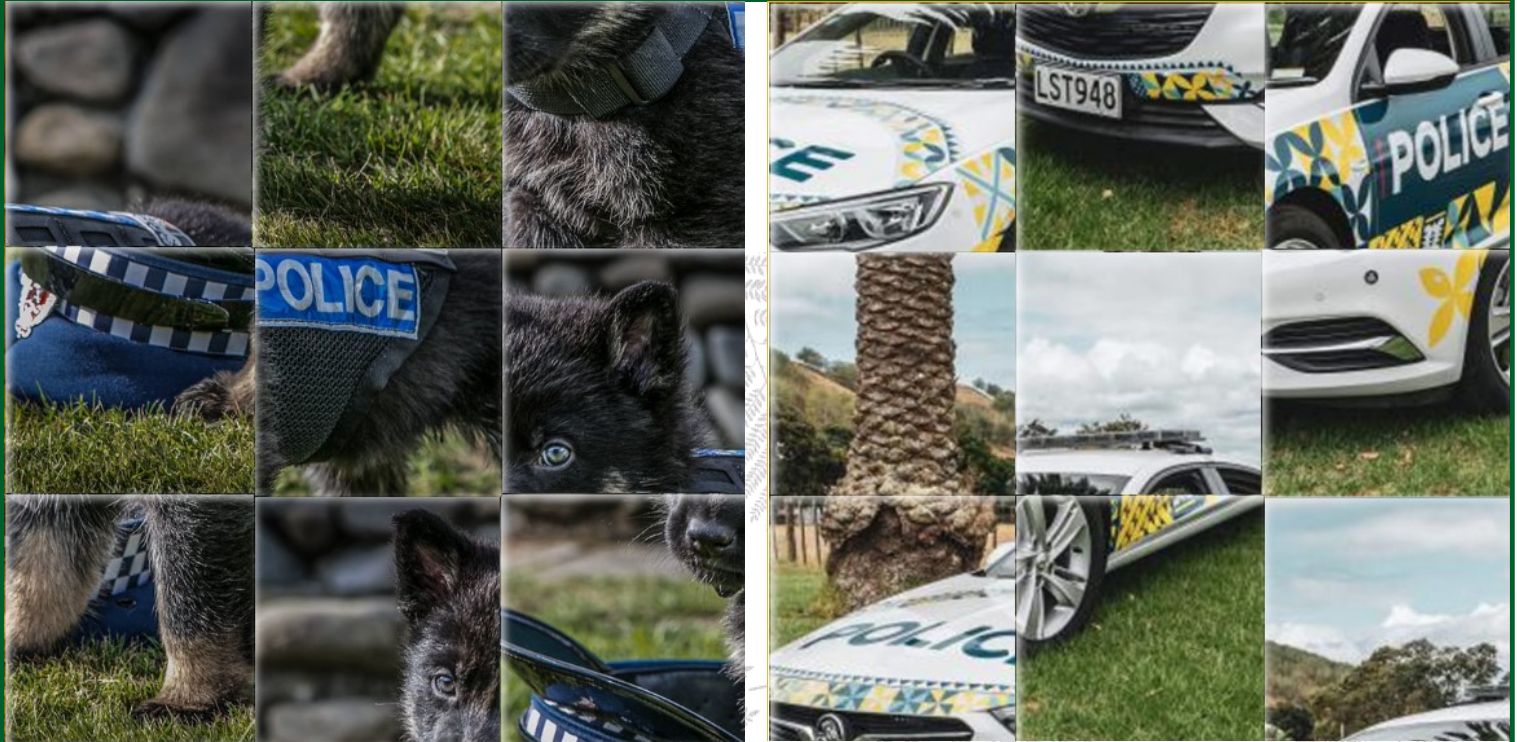
Cut out constable bear and his message of the day





Operation: Puzzle

Have a look at these puzzles and guess what the original picture is. If you have a printer cut them out and see if you can put them together in your scrap book



I am a ____ with a ____

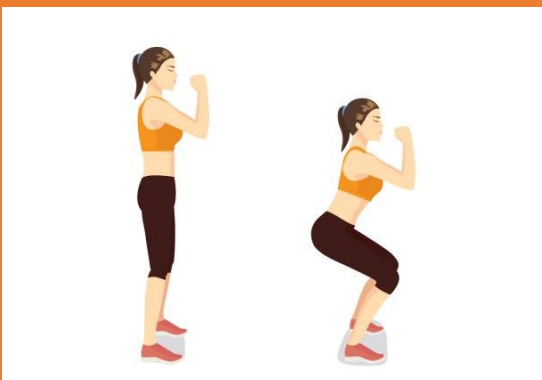


I am a ____ under a ____

The Exercise Area



Every week we will be showing you new exercises to be police fit. First find a suitable exercise area (if it is a nice day, try exercising outside) and then try out our newest exercise: the squat! Start with three sets of 10. This exercise is very important and will strengthen all of the muscles in your legs. How many can you do?



The Sharing Corner

Every week the sharing corner will get you to share something about yourself during lockdown. **Please share your response with us by commenting on this post.** Today's topic is:

- What do you think is going to change once the rāhui is lifted? How are we going to change?