



junior DETECTIVE

RAHUI

Operation: Activities

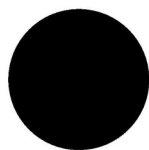
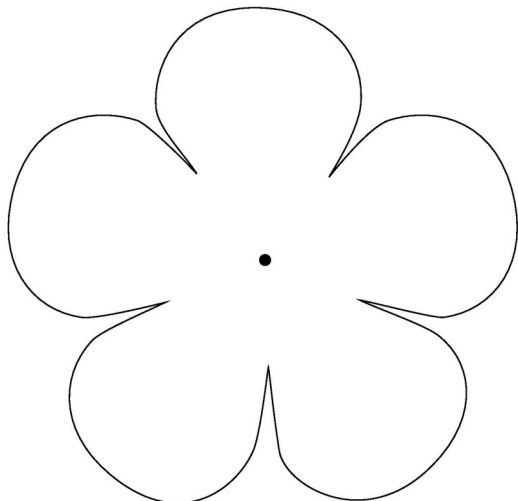


Make a poppy

To commemorate ANZAC day this Saturday on the 25th April, today's activity is to make a poppy. ANZAC day is a day to commemorate the New Zealand and Australian soldiers who served and died at Gallipoli during World War I. ANZAC means "Australian and New Zealand Army Corps." Poppies are an important symbol of remembrance for these soldiers. If you have no printer draw the two shapes below: five petal flower and circle.

To make a poppy, follow the instructions below:

1. Colour the poppy red. Alternatively you can cut out the poppy shape and trace it on red felt or card.
2. Cut out the poppy and black circle. Alternatively you can cut the circle and trace it on black card.
3. Stick the black circle to the centre of the poppy
4. If you have a safety pin tape it on the back of the poppy to wear. Alternatively attach a green pipe cleaner to be the stem of the poppy, by pushing it through the centre of the flower and the black circle.



Value of the week: Professionalism

New Zealand Police have to wear a uniform to make them look professional. Create a uniform for a new branch of the police department. Their job is to make people laugh and smile. Draw their new police uniform.



Constable bear says:

See if you can spot my teddy friends when you go for a walk



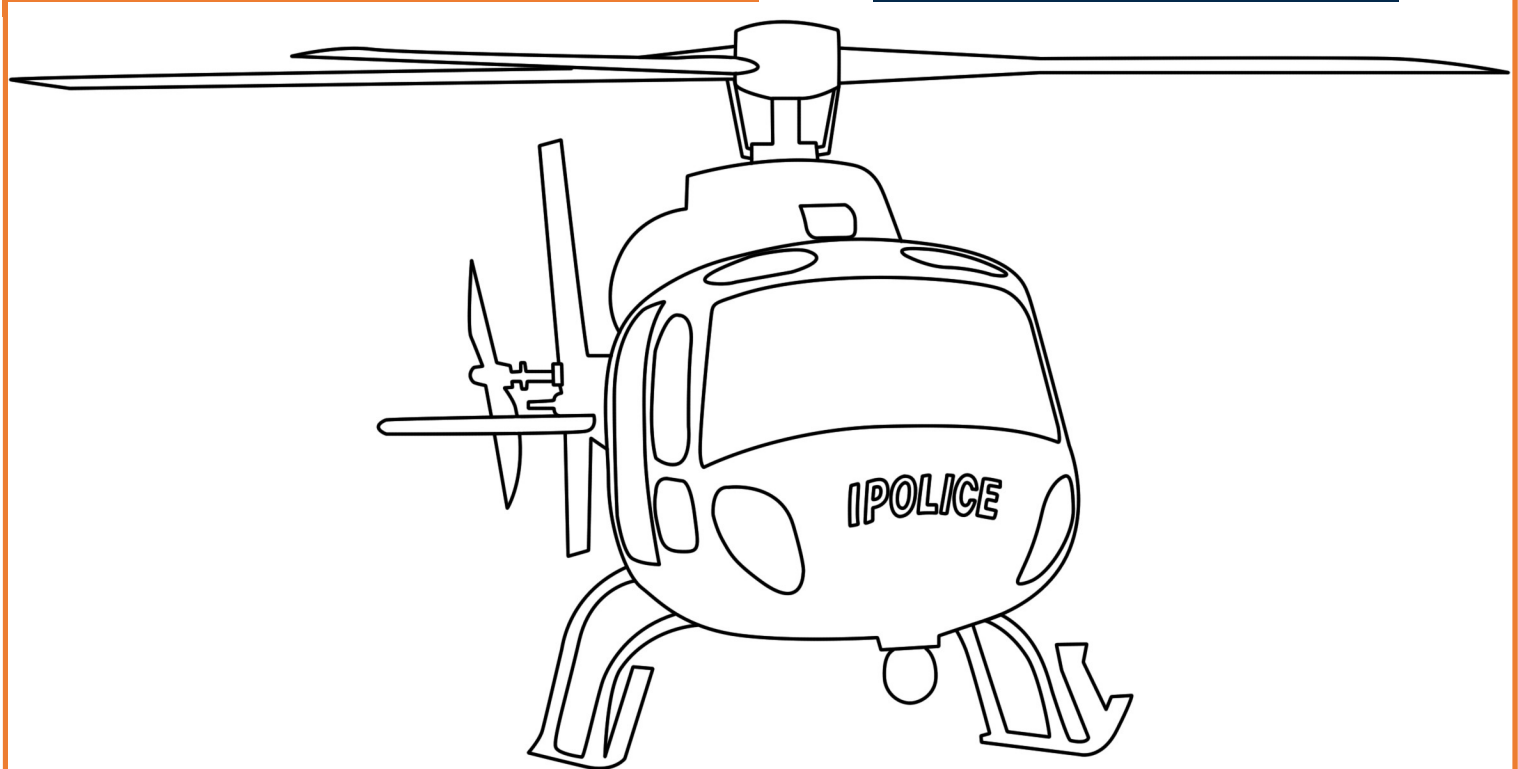
Remember to cut out constable bear and the poppy template if you have a printer.



Operation: Helicopter

Find out where the main police air support base is in the country. How many new Police helicopters were operational in 2019?

Use the internet and ask a guardian for help. If you have a printer you can colour in the helicopter below.



Operation: Junior Recruit

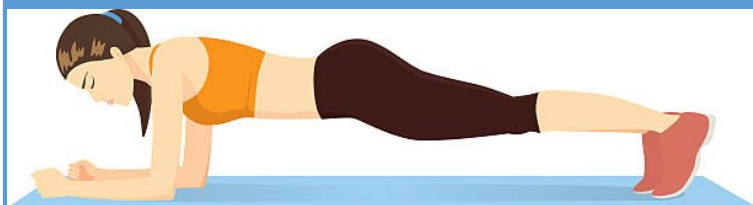
Cut out this badge and put in your rāhui homework book or give to a bubble buddy who is a fan of the Police Museum!



The Exercise Area



Every week we will be showing you new exercises to be police fit. First find a suitable exercise area (if it is a nice day, try exercising outside) and then try out our newest exercise: the plank! This exercise will strengthen core. However many muscles in arms and legs will also be strengthened by doing this exercise. Start planking for 30 seconds. If you struggle to do this try with your knees on the ground. How long can you plank for?



The Sharing Corner

Every week the sharing corner will get you to share something about yourself during lockdown. **Please share your response with us by commenting on this post.** Today's topic is:

- What are you most looking forward to doing when you return to school?