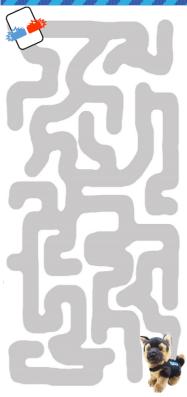


#### **Operation: Activities**



#### Value of the week: Professionalism

Do you know someone who has to "look the part" for their job? Write about them.



#### **Complete the Maze**

Help police find Mako a way home!

#### Make an activity book

Find a spare exercise book or a note pad. If you do not have these, then staple some pieces of paper together. This will be your new activity book for during the rāhui. It will be a place where you can write down, create, and stick things if you have a printer. This book will be filled with all your afterschool activities and whatever fun things you would like to do until the rāhui ends.

If you have a printer we will be giving you some things to stick in your book each week. If you don't have a printer, that's no problem as we will have plenty for you do to in your book!

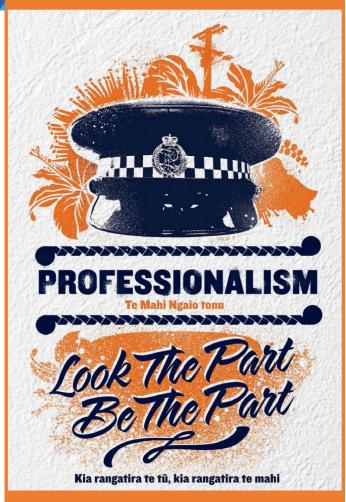
#### Outside your bubble

Think about something kind that you can do for someone outside your own bubble. Maybe you could call your grandparents, or draw a picture for a friend.

#### Give an award

Give an award to someone in your bubble. It could be the "Excellent Job" award here or make up an award to give to someone in your bubble e.g. "Helpful" for doing things around the house or "Creative" for drawing some cool art.





### Constable bear says:



# **Operation: Story Teller**

Write a short story using the instructions below

Write a story using the four words below:

- 1. Police Officer
- 2. Help
- 3. Lost
- 4. Dog

Remember a story should have a structure with certain parts:

- Beginning: setting, characters and a problem to be solved
- Middle: How will they try to solve the problem?
- End: How does the story end?

# **Operation: Match**

Match the words with the images below

Police Hat (Forage Cap)

Pōtae pirihimana



**Police Boots** 

Pūtu pirihimana



Police Dog

Kuri pirihimana



Police Car

Motokā pirihimana



Police motorbike

Motupaika pirihimana



### The Exercise Area



Every week we will be showing you new exercises to be police fit. First find a suitable exercise area (if it is a nice day, try exercising outside) and then try

out our newest exercise: the lunge! This exercise will make your legs stronger. Start with 3 sets of 10. How many can you do?



# The Sharing Corner

Every week the sharing corner will get you to share something about yourself during lockdown. Please share your response with us by commenting on this post. Todays topic is:

 What has been your favourite family activity during the rāhui?

