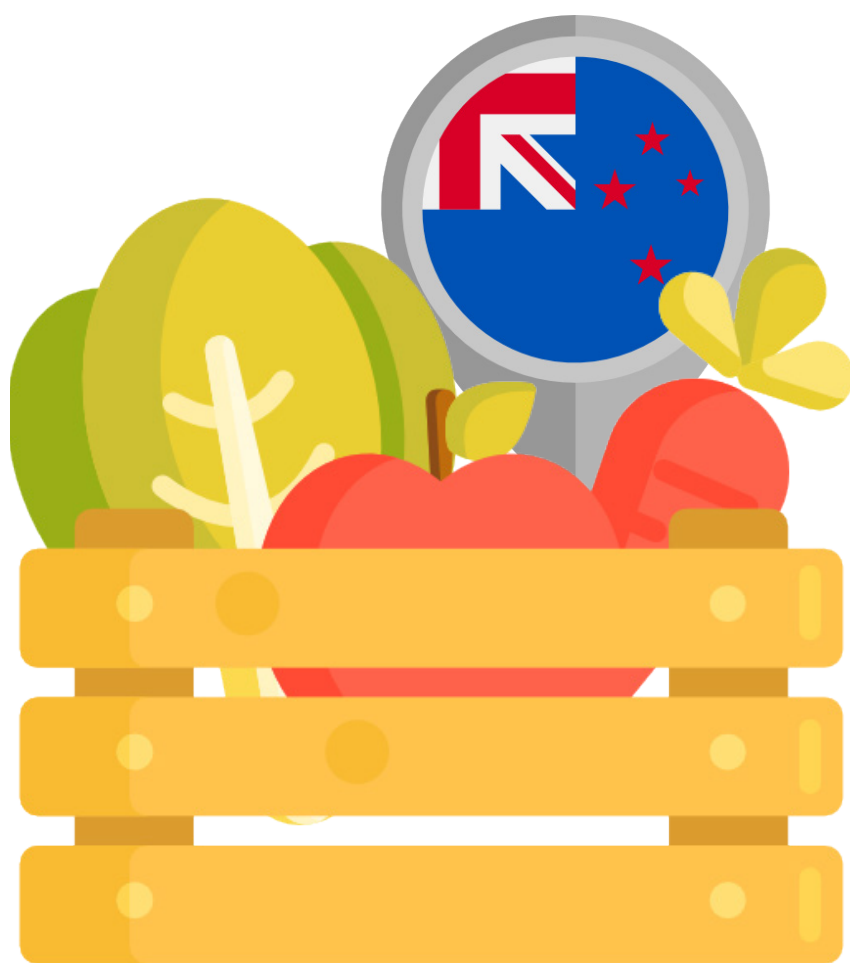


Ways you can support our rural neighbours...



**Buy NZ made
/ grown food
and products
at your local
supermarket**



**Stay home!
Do not go
boating,
hunting or
camping**



**Check-in on
rural friends
and family by
phone, email
or online**

Live rural and need a hand? Call 0800 RURAL HELP